

Pos	Bib #	First Name	Last Name	Gender	Swim	T1	Bike	T2	Run	Finish	Club	Division	Novice
1	262	JOSHUA	JONES	M	6:22	0:38	29:40	0:37	17:40	54:55	LINCSQUAD/ OFFTHATCOUCHFITNESS.CO.UK RACE TEAM	M Junior 17 - 18	
2	254	JONATHAN	FRARY	M	6:40	0:30	30:57	0:43	17:51	56:40	GI TRI	M 30 - 34	
3	251	DEAN	KIRKHAM	M	7:31	0:37	29:54	0:32	18:14	56:46	REAL FITNESS	M 40 - 44	
4	260	STEVE	GROCOCK	M	6:29	0:33	28:58	0:43	20:15	56:57	LINCSQUAD	M 40 - 44	
5	257	JORDAN	SKELLY	M	6:44	0:45	31:15	0:36	17:42	57:01	LINCSQUAD	M 20 - 24	
6	240	PETER	CONNOLLY	M	7:58	0:36	29:45	0:39	18:42	57:37	LINCSQUAD	M 45 - 49	
7	231	STEVE	WIGGLESWORTH	M	8:10	0:42	30:14	0:42	19:44	59:30	VEGETARIAN C & AC	M 50 - 54	
8	259	RICK	STENTON	M	6:27	0:51	31:21	0:45	20:21	59:43	LINCSQUAD	M 30 - 34	
9	264	PAUL	THOMPSON	M	6:42	0:35	32:04	0:36	20:09	1:00:03	GRIMSBY TRI	M 45 - 49	
10	236	ALEX	BRADLEY	M	7:06	0:33	31:21	0:40	20:28	1:00:05	LINCSQUAD	M U20 (19)	
11	244	CHRIS	GIBBS	M	7:25	0:52	32:19	0:27	19:27	1:00:29	LINCSQUAD	M 50 - 54	
12	147	ROB	WOOD	M	9:18	0:38	31:02	0:31	19:53	1:01:21	LINCSQUAD	M 40 - 44	
13	252	THOMAS-HUW	DAVIES	M	7:23	0:36	31:54	0:42	20:54	1:01:27	LINCSQUAD	M 40 - 44	
14	238	DARREN	RIDOUT	M	7:28	0:43	33:11	0:54	19:20	1:01:35	BOLSOVER AND DISTRICT CC	M 35 - 39	
15	258	ALAN	COLLINGBURN	M	6:59	1:00	32:40	0:44	20:38	1:01:58		M 55 - 59	
16	224	DAVID	HINCH	M	8:48	0:43	30:31	0:44	21:18	1:02:02	LINCSQUAD	M 40 - 44	
17	229	ED	SMITH	M	7:20	0:49	31:52	0:47	21:40	1:02:26	HOLDSWORTH BIKES	M 40 - 44	
18	230	MALCOLM	SMITH	M	7:36	0:48	32:21	0:44	21:06	1:02:32		M 50 - 54	
19	241	DAN	GUERRERO	M	7:26	0:47	32:40	1:10	20:33	1:02:34	OTLEY CYCLE CLUB	M Junior 17 - 18	
20	246	BRADLEY	YORK	M	6:38	0:41	34:40	0:47	20:10	1:02:54	LINCSQUAD	M Youth 15 - 16	
21	223	GUY	ELEY	M	7:37	0:59	32:44	0:49	20:48	1:02:55	HARROGATE TRI CLUB	M 40 - 44	
22	263	LAUREN	YORK	F	6:09	0:35	35:15	0:36	20:55	1:03:27	LINCSQUAD	F Junior 17 - 18	
23	243	JONATHAN	BOWER	M	7:07	0:51	34:40	0:49	20:16	1:03:41	LINCSQUAD	M 45 - 49	
24	247	STEVE	ORNSBY	M	7:33	0:38	33:43	0:53	20:57	1:03:42	LINCSQUAD	M 40 - 44	
25	213	ALAN	WOODCOCK	M	8:44	1:14	32:21	1:01	20:32	1:03:51	LINCSQUAD	M 60 - 64	
26	255	RICHARD	NEWELL	M	6:55	1:02	32:45	1:05	22:11	1:03:55		M 40 - 44	
27	205	SHAUN	ROBINSON	M	8:14	0:44	31:55	0:41	22:25	1:03:57	GRIMSBY TRI	M 35 - 39	
28	217	RIC	LONGCAKE	M	8:37	0:40	32:18	0:48	21:56	1:04:16		M 30 - 34	
29	221	SIMON	BEEDHAM	M	6:54	0:47	32:52	0:43	23:19	1:04:33	LINCSQUAD	M Junior 17 - 18	
30	253	JASON	FRARY	M	7:22	0:36	33:18	0:48	22:46	1:04:49	LINCSQUAD	M 40 - 44	
31	239	DANIEL	TRIFFITT	M	8:01	0:56	34:27	0:58	20:33	1:04:52	GRIMSBY TRI CUB	M 25 - 29	
32	171	GRAHAM	COWAN	M	8:56	0:58	33:27	0:50	21:26	1:05:36	LINCSQUAD	M 45 - 49	
33	250	BEN	BAUGH	M	8:30	0:43	34:26	0:57	21:01	1:05:36	KEYO	M Youth 15 - 16	
34	184	SHEEHAN	QUIRKE	M	8:41	0:39	35:10	0:41	20:35	1:05:44	LINCSQUAD	M 45 - 49	
35	235	JOHN	CAMERON	M	7:50	0:46	32:54	0:41	23:37	1:05:45		M 45 - 49	
36	174	KEV	FISH	M	9:09	0:43	34:48	0:42	20:26	1:05:46	LINCSQUAD	M 45 - 49	
37	134	GARY	BAUGH	M	8:52	0:44	33:23	0:50	22:16	1:06:02	KEYO	M 45 - 49	
38	233	ANTHONY	YEATS	M	8:23	0:47	33:10	0:44	23:02	1:06:04	LINCSQUAD	M 45 - 49	
39	177	STEVE	HULL	M	9:10	0:46	33:20	0:38	22:15	1:06:07		M 50 - 54	
40	155	OWEN	EVANS	M	7:55	0:44	35:42	0:35	21:18	1:06:12	CARDIFF TRIATHLETES	M 30 - 34	
41	234	MARK	SALMON	M	7:59	0:42	35:11	0:47	21:46	1:06:24	LINCSQUAD	M 35 - 39	
42	220	KEVIN	ANTWHISTLE	M	6:46	0:53	34:49	0:47	23:33	1:06:47	LINCSQUAD	M 30 - 34	
43	196	PAUL	MCEWAN	M	8:48	0:53	34:31	0:36	22:05	1:06:52	LINCSQUAD	M 30 - 34	
44	232	ROBERT	WOODCOCK	M	0:00	0:00	0:00	0:00	0:00	1:06:55		M 30 - 34	
45	148	MATTHEW	CLARKE	M	9:31	0:52	33:17	1:00	22:18	1:06:56	GRIMSBY TRI	M 40 - 44	
46	128	MARTYN	GAMMIDGE	M	8:59	2:21	33:14	1:18	21:16	1:07:06		M 40 - 44	
47	175	DAVID	GIBBS	M	9:25	0:58	34:16	0:53	21:38	1:07:07	LINCSQUAD	M 35 - 39	

48	125	NEIL	BARKER	M	9:30	1:11	34:16	1:00	21:17	1:07:11	LINCSQUAD	M 50 - 54	
49	199	GARETH	CRABB	M	8:41	0:35	36:52	0:31	20:39	1:07:16	LINCSQUAD	M 40 - 44	
50	237	GAVIN	CRANE	M	8:11	0:41	34:38	0:48	23:02	1:07:17	GRIMSBY TRI	M 30 - 34	
51	186	SEAN	ROBINSON	M	8:48	0:44	34:00	0:46	23:16	1:07:32	YORK TRIATHLON CLUB	M 45 - 49	
52	129	SIMON	GIBNEY	M	8:37	0:56	37:16	0:44	20:12	1:07:44	GRIMSBY	M 35 - 39	Yes
53	142	NICK	STONEHEWER	M	9:44	1:07	33:41	1:01	22:21	1:07:52	LINCSQUAD	M 40 - 44	Yes
54	74	EMMA	WRIGHT-PHILLIPS	F	11:07	0:41	33:51	0:45	21:42	1:08:04	LINCSQUAD	F 30 - 34	
55	208	CHRIS	BAKER	M	7:51	1:26	34:10	0:53	23:53	1:08:12	LINCSQUAD	M 35 - 39	
56	151	MIKE	CATLEY	M	9:00	0:58	35:26	0:57	22:16	1:08:35	LINCSQUAD	M 35 - 39	
57	201	TOM	LANE	M	8:50	1:07	36:45	1:10	20:46	1:08:36		M 25 - 29	
58	182	RICHARD	OGDEN	M	9:40	1:14	35:03	0:58	21:52	1:08:45		M 40 - 44	
59	130	JASON	HEWITT	M	8:32	1:57	36:40	0:34	21:16	1:08:57		M 25 - 29	Yes
60	157	GARY	HORNER	M	9:45	0:40	33:14	0:48	24:34	1:08:59	LINCSQUAD	M 40 - 44	
61	165	SEAN	HUTCHINGS	M	8:13	1:10	35:55	0:54	22:55	1:09:06	LOUTH TRI CLUB	M 40 - 44	
62	215	KAREN	HAMES	F	7:44	0:45	36:08	0:53	23:49	1:09:17	GRIMSBY	F 55 - 59	
63	204	DAVID	REGLER	M	9:02	1:04	35:12	0:57	23:05	1:09:18	GRIMSBY TRI CLUB	M 45 - 49	
64	153	PAUL	DAWSON	M	7:41	1:05	37:32	1:05	22:14	1:09:35		M 35 - 39	
65	191	ALLAN	WOODHOUSE	M	9:32	1:03	36:34	0:57	21:35	1:09:38		M 30 - 34	
66	120	DAVID	ROUSE	M	8:43	0:55	37:07	0:48	22:09	1:09:41	GRIMSBY	M 45 - 49	
67	135	EDWARD	LIDGETT	M	10:02	0:55	36:13	0:49	21:48	1:09:46	LINCSQUAD	M 20 - 24	
68	131	GARY	HOWDEN	M	8:45	1:28	37:22	0:43	21:33	1:09:50	GRIMSBY TRIATHLON CLUB	M 35 - 39	
69	103	PHILIP	GIBBS	M	9:35	1:34	36:07	1:18	21:19	1:09:51		M 30 - 34	Yes
70	192	AMY	GROCOCK	F	9:54	1:01	35:39	1:04	22:19	1:09:56		F 30 - 34	
71	30	KARL	WELLS	M	11:27	1:00	35:21	1:10	21:02	1:09:59	BASSETLAW TRI CLUB	M 40 - 44	Yes
72	161	DANNY	MERCHANT	M	9:50	0:47	37:25	1:02	21:07	1:10:09		M 35 - 39	
73	168	GARETH	BARKER	M	7:52	1:09	35:28	0:48	25:00	1:10:16	LINCSQUAD	M 40 - 44	
74	198	STEVE	COX	M	9:12	0:59	35:14	0:45	24:10	1:10:19	3XTRI	M 30 - 34	
75	66	MARK	CARMICHAEL	M	9:28	1:02	34:11	1:06	24:58	1:10:43	LINCSQUAD	M 40 - 44	
76	156	STEVE	HILL	M	9:17	0:59	37:12	1:13	22:12	1:10:51		M 50 - 54	
77	91	JONATHAN	CROFT	M	10:39	1:52	34:32	0:59	22:53	1:10:53	KEYO	M 30 - 34	yes
78	138	MARCUS	PLUME	M	9:21	0:49	34:16	0:47	25:49	1:11:01	LINCSQUAD	M 35 - 39	
79	152	RICHARD	CONWAY	M	9:54	0:58	38:01	0:52	21:29	1:11:12	LOUTH	M 45 - 49	
80	242	CAITLIN	BOWER	F	6:20	0:52	37:59	0:44	25:18	1:11:12	LINCSQUAD	F Youth 15 - 16	Yes
81	136	CHRIS	LOGAN	M	8:30	2:15	36:12	0:43	23:40	1:11:17		M 20 - 24	Yes
82	210	DAVID	ORNSBY	M	9:11	1:14	36:57	1:40	22:22	1:11:23		M Youth 15 - 16	
83	248	ANDREW	PURSER	M	7:35	0:52	38:44	1:04	23:13	1:11:25	LINCSQUAD	M 30 - 34	
84	167	STEVEN	JOHNSTONE	M	8:05	1:00	37:03	0:41	24:44	1:11:31		M 35 - 39	Yes
85	83	ANDREW	LAWSON	M	12:30	1:17	34:12	1:01	22:58	1:11:55	LINCSQUAD	M 50 - 54	
86	195	JANE	CLARKE	F	8:46	1:13	37:02	1:03	24:00	1:12:02	LINCSQUAD	F 35 - 39	
87	137	DAVID	LONGSTAFF	M	10:52	1:25	38:58	0:32	20:25	1:12:09		M 35 - 39	
88	202	TERRY	PETTERSON	M	8:42	1:27	38:37	0:41	23:09	1:12:34		M 40 - 44	Yes
89	84	CHRIS	AMIS	M	11:21	1:18	37:26	1:10	21:39	1:12:51		M 35 - 39	
90	150	MARK	CONNOLLY	M	9:06	0:45	35:51	1:03	26:12	1:12:56	LINCSQUAD	M 40 - 44	
91	222	ALAN	COOK	M	7:58	0:59	37:33	1:12	25:26	1:13:06	GRIMSBY TRI	M 45 - 49	
92	50	CRAIG	DAWSON	M	14:04	0:53	34:26	0:45	23:12	1:13:17	LINCSQUAD	M 25 - 29	Yes
93	163	BEN	STOTHARD	M	8:43	1:16	40:01	1:11	22:11	1:13:20		M 25 - 29	
94	31	PAUL	GLEW	M	10:09	1:55	34:21	1:44	25:16	1:13:23		M 40 - 44	Yes
95	211	CHRIS	ROGERS	M	9:15	1:05	37:43	1:03	24:21	1:13:24	GRIMSBY	M 50 - 54	

96	72	JANE	TAYLOR	F	10:18	1:27	36:41	1:10	23:57	1:13:30	LINCSQUAD	F 50 - 54	
97	92	JON	GEERING	M	10:40	1:27	36:56	1:06	23:27	1:13:34		M 30 - 34	Yes
98	189	MARTIN	WILD	M	9:12	0:55	36:34	0:44	26:13	1:13:36		M 35 - 39	
99	143	WILL	WALSH	M	9:43	1:36	38:30	0:46	23:43	1:14:17	LINCSQUAD	M Youth 15 - 16	
100	180	LEWIS	MAY	M	8:43	1:09	37:42	1:01	25:45	1:14:17	KEYO	M Junior 17 - 18	yes
101	89	JONATHAN	CHALLEN	M	8:33	1:37	37:42	1:28	25:00	1:14:19		M 40 - 44	Yes
102	188	OLIVER	WHELPTON	M	8:49	0:51	37:26	0:57	26:28	1:14:28		M 30 - 34	
103	218	DAVID	PLUNKETT	M	8:50	0:32	36:37	0:44	27:53	1:14:35	GRIMSBY TRI	M 50 - 54	
104	206	JONNY	ALLEN	M	8:31	0:58	39:17	1:02	24:50	1:14:36		M 30 - 34	
105	166	ANDREW	BRADLEY	M	9:46	0:52	34:12	0:53	29:10	1:14:52		M 20 - 24	
106	228	CAM	MAY	M	8:44	1:16	37:35	1:00	26:21	1:14:54	KEYO	M Youth 15 - 16	
107	85	JOHN	ARMSTRONG	M	10:31	0:53	38:06	0:51	24:42	1:15:01		M 40 - 44	
108	139	CARL	RAMSKILL	M	9:21	1:45	36:11	1:08	26:57	1:15:21	KEYO	M 35 - 39	
109	27	PAUL	KITCHING	M	13:05	1:16	37:28	0:53	22:51	1:15:30		M 40 - 44	Yes
110	193	STUART	GROCOCK	M	8:29	1:16	36:45	1:13	27:58	1:15:38		M 40 - 44	
111	97	DARREN	HEPWORTH	M	10:54	1:07	40:42	0:34	22:23	1:15:39		M 40 - 44	
112	53	CARL	HUDSON	M	12:03	2:20	36:41	1:00	23:45	1:15:48		M 30 - 34	Yes
113	79	CRAIG	LANGLEY	M	10:15	1:15	38:52	0:38	25:12	1:16:10		M 35 - 39	
114	111	CYRIL	YATES	M	9:51	1:51	40:31	1:06	22:59	1:16:16		M 40 - 44	Yes
115	149	JON	CONROY	M	10:35	1:10	38:03	0:50	25:43	1:16:19	LINCSQUAD	M 35 - 39	
116	183	JOHN	PORTER	M	9:25	1:23	40:25	0:56	24:25	1:16:31		M 35 - 39	Yes
117	132	JOHN	HUBBARD	M	11:28	1:23	40:28	0:36	22:51	1:16:43		M 50 - 54	
118	176	MICHAEL	GIBBS	M	8:59	1:01	39:07	1:42	25:59	1:16:46		M 50 - 54	
119	39	MACORLEY	ROBINSON	M	12:14	1:32	37:31	1:23	24:37	1:17:14		M Youth 15 - 16	Yes
120	20	ANDY	HENSBY	M	11:06	1:03	40:49	1:22	22:57	1:17:15		M 30 - 34	yes
121	226	ANTHONY	OGDEN	M	8:41	1:40	37:14	1:08	28:46	1:17:26	GRIMSBY TRI	M 45 - 49	
122	164	EMILY	WHALL	F	8:39	1:09	42:33	0:56	24:15	1:17:30	LINCSQUAD	F 20 - 24	
123	207	MATT	AUSTIN	M	8:45	0:55	37:52	1:03	29:02	1:17:34		M 35 - 39	Yes
124	178	MEL	LUCAS	F	8:02	1:11	40:45	1:07	26:34	1:17:37	LINCSQUAD	F 25 - 29	Yes
125	256	MICHAEL	BARNETT	M	7:36	1:11	37:30	1:14	30:25	1:17:54		M 30 - 34	
126	127	ALLAN	CUTLER	M	11:54	1:06	41:33	0:37	22:51	1:17:59		M 30 - 34	Yes
127	78	ELLIOT	KERMAN	M	11:14	1:25	40:59	0:39	23:46	1:18:00		M Junior 17 - 18	Yes
128	212	LUKE	SHERWOOD	M	9:36	1:05	37:32	1:15	28:34	1:18:00		M Junior 17 - 18	Yes
129	81	PETER	ROBINSON	M	12:25	2:07	36:45	0:50	25:58	1:18:04		M 55 - 59	
130	119	KAMILA	NOSAL	F	10:52	1:00	41:48	0:33	23:54	1:18:05		F 25 - 29	
131	106	HELEN	SHORE	F	11:20	1:44	37:27	1:15	26:22	1:18:06		F 40 - 44	Yes
132	6	SAMANTHA	RITSON	F	11:37	0:54	40:44	0:58	23:59	1:18:11	LINCSQUAD	F 40 - 44	Yes
133	88	BECKY	CADLE	F	10:23	0:55	39:05	0:59	27:17	1:18:36		F 25 - 29	
134	61	EMMA	DAVIES	F	10:45	0:52	38:29	0:38	28:07	1:18:48		F 30 - 34	Yes
135	194	BRYONY	BOWER	F	6:53	0:49	40:24	0:54	29:57	1:18:56	LINCSQUAD	F Youth 15 - 16	Yes
136	245	NICOLA	HALL	F	7:50	1:23	44:07	0:47	25:02	1:19:07		F 35 - 39	yes
137	173	JOANNE	FILLINGHAM	F	8:41	1:10	40:49	1:06	27:27	1:19:12		F 35 - 39	Yes
138	107	ALEX	SMITH	M	11:27	2:08	38:53	1:15	25:34	1:19:15		M 20 - 24	Yes
139	45	ADRIAN	ATTER	M	9:55	1:07	39:43	1:08	27:25	1:19:15	GRIMSBY TRI CLUB	M 30 - 34	
140	110	SIMON	WILD	M	10:48	0:58	39:25	0:58	27:09	1:19:17	LINCSQUAD	M 40 - 44	
141	55	PHIL	LOWRY	M	13:22	1:45	41:13	0:59	22:03	1:19:21		M 40 - 44	
142	190	TRACEY	WILKINSON	F	9:46	1:01	40:02	1:08	27:30	1:19:25	GRIMSBY TRI	F 45 - 49	
143	26	STEPHEN	HAYTON	M	13:06	0:59	40:44	0:35	24:12	1:19:33		M 45 - 49	Yes

144	170	JACK	GARNER	M	10:06	1:00	41:00	0:38	26:58	1:19:38	LINCSQUAD	M Junior 17 - 18	
145	108	FRANK	THOMAS	M	11:38	1:55	42:52	1:13	22:54	1:20:29	KEYO	M 50 - 54	
146	40	DELYTH	WILLIAMS	F	10:40	1:22	42:54	0:47	24:58	1:20:39	LINCS QUAD	F 30 - 34	Yes
147	117	RACHEL	JACKSON	F	10:54	2:04	41:41	1:59	24:03	1:20:39		F 35 - 39	Yes
148	4	MARK	PADLEY	M	15:34	1:31	37:48	1:15	24:52	1:20:57	LINCSQUAD	M 40 - 44	Yes
149	126	NICOLA	BLAY	F	11:19	2:00	41:40	1:19	24:45	1:21:01		F 40 - 44	Yes
150	14	PAUL	FARMER	M	14:56	1:31	40:01	0:52	23:44	1:21:03		M 40 - 44	Yes
151	144	TANYA	DAVIES	F	10:15	0:57	41:22	1:07	27:33	1:21:12	LINCSQUAD	F 35 - 39	
152	99	SHERIDAN	JONES	M	12:33	1:12	39:05	1:21	27:08	1:21:18		M 40 - 44	Yes
153	121	KATE	SIMONS	F	10:38	0:54	41:47	0:39	27:29	1:21:25	LOUTH TRI CLUB	F 35 - 39	
154	43	JACQUI	SAXON	F	12:52	1:31	41:18	1:14	24:52	1:21:45	LINCSQUAD	F 50 - 54	
155	159	TERRY	LOCKING	M	9:16	1:29	41:43	1:35	27:47	1:21:48		M 50 - 54	
156	23	IAN	BERRIDGE	M	12:32	2:24	39:26	1:33	26:18	1:22:10		M 40 - 44	Yes
157	28	CRAIG	RHODES	M	17:24	1:31	37:25	1:21	24:42	1:22:21	LINCSQUAD	M 40 - 44	Yes
158	216	ROB	JACKSON	M	9:01	1:22	36:30	1:16	34:29	1:22:36	LINCSQUAD	M 40 - 44	
159	162	KEVIN	ORNSBY	M	9:22	0:53	42:37	0:54	29:15	1:22:59	LINCSQUAD	M 35 - 39	
160	227	ALEC	RUSSELL	M	8:55	2:01	43:13	0:51	28:03	1:23:02		M U20 (19)	
161	48	PAM	CHALLEN	F	12:47	0:57	39:06	1:08	29:35	1:23:31	LINCSQUAD	F 40 - 44	
162	75	GARRY	KERMAN	M	11:36	1:28	43:05	1:00	26:30	1:23:37		M 35 - 39	Yes
163	200	STEPHANIE	EDGAR	F	8:17	1:55	44:42	1:36	27:15	1:23:44	RYTON TRI	F 30 - 34	
164	115	DANIEL	ELLIS	M	9:02	0:53	40:53	0:54	32:07	1:23:47	LINCSQUAD	M 20 - 24	
165	71	RICHARD	SMITH	M	10:33	1:18	44:01	0:42	27:20	1:23:52		M 45 - 49	Yes
166	197	CHARLES	BOARDMAN	M	9:09	1:09	41:25	1:27	31:09	1:24:17	GRIMSBY TRI	M 45 - 49	
167	33	ANNE	MORTIMER	F	13:05	1:19	42:36	0:54	26:31	1:24:24	GRIMSBY	F 50 - 54	
168	185	ANDREW	READ	M	9:18	1:46	39:10	1:08	33:13	1:24:33	LINCSQUAD	M 50 - 54	
169	58	GRAHAM	RUSSELL	M	11:43	2:12	39:40	0:55	30:19	1:24:47		M 50 - 54	Yes
170	118	STUART	MOODY	M	9:24	1:23	40:21	1:50	31:54	1:24:49		M 25 - 29	
171	90	KATE	CONWAY	F	10:57	1:14	43:04	1:18	28:19	1:24:50	LOUTH	F 40 - 44	
172	42	KELLY	EVANS	F	12:41	1:55	41:26	0:40	28:15	1:24:54		F 30 - 34	
173	179	GEORGE	MATTHEWS	M	8:23	1:26	42:15	1:29	31:42	1:25:13		M Youth 15 - 16	Yes
174	69	KEVIN	PYE	M	10:19	2:09	44:20	2:00	26:36	1:25:22		M 30 - 34	Yes
175	105	GONZALO	SALVATIERRA	M	8:34	1:43	44:21	1:38	29:18	1:25:32		M 40 - 44	Yes
176	112	MARGRET	HUTCHINGS	F	10:28	1:29	43:13	1:17	29:28	1:25:54		F 45 - 49	
177	41	PORUS	BUSTANI	M	12:49	2:35	44:16	1:35	24:42	1:25:55		M 45 - 49	Yes
178	47	ROSIE	BRISTER	F	9:13	1:44	40:28	1:28	33:04	1:25:55	LINCSQUAD	F 35 - 39	Yes
179	133	JUDITH	HUBBARD	F	11:57	1:32	44:14	1:00	27:44	1:26:25		F 45 - 49	
180	1	CARL	WEBBER	M	12:06	2:15	42:22	1:06	28:42	1:26:30		M 40 - 44	Yes
181	140	ALISON	SACKER	F	9:39	2:17	45:54	0:53	27:51	1:26:33		F 30 - 34	Yes
182	160	STUART	LOGAN	M	8:23	1:31	41:54	0:43	34:05	1:26:34		M 25 - 29	Yes
183	146	DEBBIE	MITCHELL	F	10:23	1:21	45:10	1:00	28:59	1:26:50		F 35 - 39	Yes
184	22	JOHN	SHARP	M	13:37	0:49	41:05	0:44	30:43	1:26:56	LOUTH TRI CLUB	M 65 - 69	
185	11	RICHARD	BACKHOUSE	M	13:29	2:38	41:47	1:26	28:18	1:27:36		M 30 - 34	Yes
186	59	JAYNE	SMITH	F	10:32	1:38	49:29	0:56	25:17	1:27:50		F 45 - 49	Yes
187	37	COLIN	O'CONNOR	M	12:13	1:36	44:14	1:38	28:23	1:28:02		M 50 - 54	Yes
188	36	MARK	GRAVES	M	12:33	2:33	40:52	1:09	31:04	1:28:10	LINCSQUAD	M 40 - 44	Yes
189	8	CAROLE	DALTON	F	13:06	1:23	44:15	0:54	28:43	1:28:19		F 50 - 54	
190	51	ALEX	GREENSMITH	M	18:04	1:35	39:47	0:48	28:29	1:28:42		M 20 - 24	Yes
191	104	JENNI	PLUME	F	10:52	0:53	44:20	1:27	31:22	1:28:51	LINCSQUAD	F 35 - 39	

192	2	PAMELA	BOSS	F	13:36	1:35	43:41	0:57	29:36	1:29:23		F 55 - 59	Yes
193	209	ALISON	BOARDMAN	F	8:25	1:35	44:22	1:42	33:23	1:29:25	GRIMSBY TRI	F 45 - 49	
194	80	RACHEL	PORTER	F	11:53	1:28	46:21	0:55	29:21	1:29:56		F 35 - 39	Yes
195	93	ANNETTE	GRAVEL	F	11:58	1:48	46:46	1:22	28:14	1:30:06		F 55 - 59	
196	124	SUE	ASHER	F	10:29	2:40	47:18	0:54	29:07	1:30:25		F 40 - 44	Yes
197	56	SUNIL	MUKERJEA	M	12:39	1:41	41:33	2:17	32:39	1:30:47		M 40 - 44	
198	9	FIONA	RAYNER	F	14:04	2:04	43:44	1:24	29:48	1:31:01		F 40 - 44	Yes
199	113	SARAH	ANDREWS	F	10:58	1:14	48:46	1:41	28:54	1:31:31	TEAM CHERWELL	F 40 - 44	
200	49	DIANE	DAWSON	F	11:31	1:33	46:20	0:56	31:14	1:31:32		F 35 - 39	
201	68	ANNIE	DOLBY	F	11:46	1:01	46:41	0:47	31:28	1:31:41	LINCSQUAD	F Youth 15 - 16	
202	101	GEMMA	KELLY	F	11:12	2:42	42:18	1:47	34:12	1:32:08	C-SAW	F 30 - 34	Yes
203	77	JO	CLARK	F	13:03	2:17	46:42	1:05	30:10	1:33:16		F 35 - 39	Yes
204	10	GRAHAM	ALLEN	M	15:32	3:26	44:40	1:44	28:06	1:33:26	C-SAW	M 50 - 54	Yes
205	100	MELANIE	JONES	F	10:23	1:58	46:59	0:59	33:55	1:34:13		F 50 - 54	Yes
206	12	JENNIFER	BARRY	F	10:50	3:08	48:27	1:09	30:55	1:34:27		F 45 - 49	Yes
207	109	JOSH	VAN DEN BOS	M	14:00	1:36	47:10	1:06	31:25	1:35:16	KEYO	M 25 - 29	yes
208	52	REBECCA	HART	F	11:19	2:00	49:53	0:56	31:42	1:35:47		F 40 - 44	Yes
209	169	MICHELLE	BOWER	F	8:34	1:04	53:33	0:47	32:30	1:36:25	LINCSQUAD	F 40 - 44	Yes
210	62	JASON	BINGHAM	M	11:05	2:28	45:24	1:26	36:21	1:36:41		M 35 - 39	
211	17	KEVIN	HART	M	16:58	2:28	52:05	0:56	27:39	1:40:03		M 45 - 49	Yes
212	64	STEPHEN	JOHNSON	M	12:41	2:31	50:29	1:09	33:24	1:40:11	LOUTH TRIATHLON	M 65 - 69	
213	122	DAVID	WREN	M	12:09	2:58	46:13	2:00	38:43	1:42:02		M 55 - 59	
214	16	RORY	RONALDSON	M	14:32	2:56	52:11	2:56	29:41	1:42:14		M Junior 17 - 18	Yes
215	3	RYAN	FARMER	M	11:59	1:47	1:06:29	0:49	22:12	1:43:13		M 20 - 24	Yes
216	44	PETER	ARRAND	M	12:59	2:24	51:29	1:00	35:38	1:43:28		M 40 - 44	Yes
217	35	JANNINE	WOOD	F	12:21	3:22	56:50	1:55	29:18	1:43:44		F 25 - 29	Yes
218	32	SUE	HOARE	F	14:26	1:43	44:52	1:37	41:18	1:43:53	LINCSQUAD	F 60 - 64	
219	102	KATE	LANCASTER	F	11:40	1:37	49:12	1:44	40:53	1:45:04		F 30 - 34	
220	13	CARL	DUFFIN	M	12:21	2:47	52:16	1:47	36:29	1:45:38		M 30 - 34	Yes
221	54	IAIN	KELLY	M	20:20	4:17	39:12	3:04	38:49	1:45:40	C-SAW	M 40 - 44	Yes
222	25	SARAH	DRISKELL	F	13:15	2:40	54:02	1:04	34:41	1:45:40	C-SAW	F 25 - 29	Yes
223	29	JILL	SMALLER	F	12:04	2:29	54:55	1:10	39:03	1:49:38		F 45 - 49	Yes
224	34	LISA	ORNSBY	F	13:36	2:11	58:26	0:59	34:32	1:49:43		F 35 - 39	Yes
225	38	JULIE	ORNSBY	F	13:32	2:15	56:45	1:11	36:08	1:49:49		F 35 - 39	
226	123	ANDREA	YEATS	F	11:35	2:38	51:25	1:13	44:31	1:51:20	LINCSQUAD	F U20 (19)	
227	116	JACKIE	HALL	F	10:29	1:22	56:55	1:01	43:50	1:53:35	LOUTH TRIATHLON CLUB	F 50 - 54	
228	7	JOANNE	POTTER	F	12:47	3:10	1:02:16	1:58	37:18	1:57:27	C-SAW	F 35 - 39	Yes
229	18	LORAINE	CORFIELD	F	13:54	4:02	1:03:12	1:56	35:37	1:58:39	C-SAW	F 40 - 44	Yes
230	63	ANDY	GILLETT	M	11:00	1:46	45:19	6:29		D.N.F		M 40 - 44	
231	87	KATE	BROWN	F	10:58	1:36				D.N.F		F 35 - 39	